

Central Lyon Lunch Menu – January '24

**Happy
New Year!**

BREAKFAST PRICES

Student: Free
Adult: \$1.90
Second Juice: \$.40

LUNCH PRICES:

Grades TK-6: \$2.40
Grades 7-12: \$2.50
Adult: \$4.85
Second Full Meal: \$3.00
Second Entrée: \$2.00
Extra Milk: \$0.40

**BREAKFAST SERVING TIME IS
7:45-8:10am**

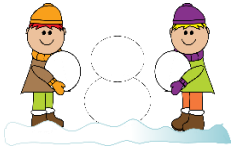
**Menu items are subject to
change without notice. If you
have any questions or concerns,
please contact Darsha Tuenge,
Food Service Director, at (712)
472-2664.**

**This institution is an equal
opportunity employer.**

| <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> |
|--|---|--|--|--|
| 1 Happy New Year No School | 2 No School | 3 Breakfast Breakfast Pizza Yogurt Lunch Beef & Bean Nachos Corn Baby carrots Grapes Sandwich 7-12 | 4 Breakfast French Toast Sticks w/ syrup Sausage patty Lunch Grilled Chicken Patty on a bun Potato Wedges Broccoli Mixed Fruit | 5 Breakfast Donut Yogurt Lunch Meatball Sub w/ Mozzarella cheese Green beans Peaches |
| 8 Breakfast Cereal & Toast TK-6 Breakfast Bagel 7-12 Lunch Softshell Tacos w/ lettuce & cheese Corn Applesauce Salsa 5 th -12 th | 9 Breakfast Pancakes & Syrup Sausage patty Lunch Spaghetti w/ meat sauce Breadstick Romaine lettuce w/ dressing Pears | 10 Breakfast Muffin, Pop Tart or cereal bar Yogurt Lunch Pancakes w/ syrup Sausage patties Peas Baby carrots Strawberry cup | 11 Breakfast Scrambled Eggs w/ bacon & Cheese Hash brown patty Toast Lunch Hot Dog on a bun Baked beans Broccoli w/ ranch Peaches | 12 Breakfast Egg & Cheese Breakfast biscuit Yogurt Lunch Cheese Quesadilla Black beans Romaine lettuce w/ Dressing Juice cup Sandwich 9-12 |
| 15 Breakfast Cereal & Toast TK-6 Breakfast Pizza 7-12 Lunch Breaded Pork Patty Mashed potatoes Butter or gravy Green Beans Pineapple Sandwich 7-12 | 16 Breakfast Egg & Cheese Omelet Toast Lunch Fish shapes&Smiles K-4 Fish Sandwich & Fries 5 th -12 th Peas Carrots & Celery Apple Slices | 17 Breakfast Cereal or Muffin Yogurt Lunch Breaded Chicken Patty On a bun Baked beans Baby carrots Orange wedges | 18 Breakfast Waffles & Syrup Yogurt Lunch Italian Dunkers w/ Meat sauce Romaine lettuce And dressing Pears | 19 Breakfast Sausage,Egg & Cheese Roll up Yogurt Lunch Chicken Fajitas w/ lettuce & cheese Corn Mandarin Oranges Salsa 5-12 |

**All breakfasts are served with milk, juice, and fruit.
All lunches are served with 1% white or fat free chocolate milk.**

January 2024



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| 22 Breakfast Cereal & Toast TK-6 Breakfast Pizza 7-12 Lunch Chicken Strips Mashed potatoes Gravy or butter Green beans Peaches Sandwich 7-12 | 23 Breakfast Breakfast Bagel Yogurt Lunch Chili & Cinnamon Roll String cheese Corn Orange wedges | 24 Breakfast Cereal or Cereal Bar Yogurt Lunch Taco in a Bag Lettuce & Cheese Baby carrots w/ ranch Grapes Salsa 5 th -12 th Sandwich 9-12 | 25 Breakfast Sausage & Pancake on a stick w/ syrup Lunch Goulash Lettuce & dressing Peas Garlic Toast Juice cup | 26 Breakfast Breakfast Pizza Yogurt Lunch Corn Dog Baked beans Carrots & ranch Pineapple Sandwich 7-12 |
| 29 Breakfast Cereal & Toast TK-6 Breakfast Bagel 7-12 Lunch Salisbury Steak Mashed potatoes Corn Peaches Sandwich | 30 Breakfast Egg & Cheese Taco Yogurt Lunch Mr Rib on a bun Baby carrots & ranch Green beans Strawberry cup | 31 Breakfast Pop Tart or Cereal Bar w/ Yogurt Lunch Chili Crispito Lettuce & dressing Broccoli Pears Sandwich TK-4 | | |
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